



Weekly report from Jacqueline's 5th week with AiNA soa

Sunday was quite busy as we were invited for lunch but arrived home quite late. Cause we could invite Urban for dinner. Thanks to Raffi & Renato for finding out his e-mail adress. Urban was my airport mate and it was great to hear what he experienced during his volunteer job in the northern part of Mada.

On Monday I felt ready for all the teachings for the week, but well plans changed. I heard that the Monday, Tuesday and Thursday teachings got cancelled, as the people from thos association didn't confirm the date. Well good luck loly was really fast with reorganising. So that still 3 trainings were possible. So I helped Chregi a little bit with some translation work, well we found out quite fast, that I don't understand the IT language so that I'm not needed to translate.

As the plans have changed for tuesday I could teach in the school where Rado is the informatik teacher (Rado os in charge of the technical things here in AiNA soa so he and Chregi work a lot together). Well it was the first time to stand in front of secondary grade children/teenagers. I didn't expect, that there is place for so many in the little room. I was impressed how calm they were during the teaching and also the good questions they've asked. After the first training we had a break and continued with nutrition during pregnancy just for the teachers. That was also very good.



Wednesday was fondue day and we're all happy that Chregi survived that day. After the nice lunch



I could share some topics about nutrition and wound healing and nutrition in surgery patients with the medical team. Again it was great to hear and learn more about the medical situation here in Madagascar.

On Thursday the planned training was cancelled and instead we could go to a little bijouterie were we did a training in in the floor above the store. That was a great experience as it was not our "normal" teaching. It was like a group consultation for people who would like to lose weight. Even if it was totally different to the previous teachings this one was unique with the



option to really focus on all personal questions they had. The first time it was the topics which I usually knew by heart from the last work in Switzerland. I could speak very open and was not really in time pressure, as they wanted to hear anything what is possible. So it

took more than 3 hours before we left but with this amount of time we could explain some things quite deep. I really liked the training and hope that they can improve their diet and experience a change in weight. Well who knows maybe I'll see them one day again.

As Natanaela asked for a training about nutrition for patients with chronic kidney disease I tried to summarise and translate the presentations I had on the computer from school. So I had time on Friday morning to share about this topic with the medical team. In the afternoon we could go to the IRAKA base (from YWAM) for another training. As we saw the people who attended the training we decided to teach not just the basic presentation.



So we added some information about micronutrients which are especially important during pregnancy. Even though we didn't know it when we started but there was a pregnant woman listening and she was happy to learn more about nutrition during this special time of life.

During the evening we were invited at Laza and loly's place and played some domino together. It took Chregi a while until he understood all the special rules ;).



On Saturday we invited Mitia to our house for lunch and she helped a lot with preparing some great jam and jelly. But before she arrived I went to the market to get some fruits. I was really glad that they had the big yellow passion fruits. As I didn't see them the last few days. Well I bought 3kg and filled my backpack. It took us all afternoon to fill 9 glasses. Especially the passion fruit jelly



was a lot of work. But the result is great☺. For every one who attends the "Spaghetti-Plausch" in two weeks: they will be sold there (for fundraising reasons), so don't miss this opportunity ;).

Time passed too fast and just less than a week is left with the team, before we fly down to Fort Dauphin. We're looking forward to a two day trip, were we will also see how the team teaches the first aid topics.

'He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.'

Isaiah 40:30-31

