

Weekly report from Jacqueline's 2nd week with AiNA soa



On Saturday Laza and I did some groceries together. I was glad he joined me and helped me carrying all the things, it was nice to walk in community. I bought enough passionfruit's to produce a great syrup out of it ☺. Sunday was my first time at Tana City Church it was very enjoyable but also a little bit confusing to hear a lot of Swiss-German speaking. I met some nice people (from MAF, Helimission and KingsKids) and hope I'll see them again. I was invited to Laza and Ioly's place for lunch. It was very good and I was really happy about the delicious chocolate cake which Ioly had prepared. We talked a lot and had a calm afternoon together.

On Monday I finally met everyone from the team. It was good to see them all and we also had our lunch all together even with some light red wine from a PET bottle. It had kind of a special taste but was really okay to drink. Well I just got quite tired in the afternoon... Maybe because of the wine or maybe cause of the cassava leaves ;). The next day Natanaela, Daniella and I were doing the last preparations for the first teaching. They liked the pictures with the portions-size measured with the

size of a hand. So we added it to presentation. During the evening my little friend in the kitchen visited me, like already two evenings before. As his left foot is kind of "crippled" I call him "Little Foot". He's sometimes struggles while curling the way up. I hope he and another gecko are good cockroach-hunters.



Wednesday was the day I was looking forward to, for the first external teaching. During the morning we had a great team meeting and shared personal experiences together. After a delicious lunch prepared by Thairy, Maro was ready to drive us to the school. Unfortunately I did

not yet take a picture of the car, but it will follow in a later report ☺. As we arrived there was a little confusion, about the start time and topics, as they expected us half an hour earlier and with nutrition and first aid teaching. Nevertheless we could start at 2:30 pm for a teaching session of 2.5 hours with 13 teachers listening. Natanaela did an intro and then we started. Daniella was translating the first



part about energy-yielding nutrients and nutrition during growing years. It went very well and we were faster than I expected. In the short break we could discuss a lot with the audience and they asked really good questions and were interested. Natanaela did the translation of the second part. The focus was on Vitamins and mineral where deficiencies are very common here in Madagascar. So that people got an understanding for the "hidden hunger" and learnt more about vitamin A, iron, iodine and zinc. The last but short part was about water, hygiene and safe preparation of food. As we arrived back home I was shattered... and fell asleep quite fast.



Regrettably the Thursday teaching was cancelled due to flooding's in the "class-room". So plans changed for the day. Maro gave me a really con-

structive feedback from the previous teaching, especially what to improve with the portion-sizes talking and the difference between children and adults needs. Daniella and I discussed how to improve this part of the teaching. We decided to take pictures and prepare a good tool together with the small hands of Irina. In the afternoon the first internal AiNA soa teaching took place in the office.

On Friday Daniella, Natanaela and I went to the market to buy a lot of food for the “use-a-hand-to-learn-what-one-portion-is-shooting”. As we were back Sitraka was our adult hand model and Daniella was the producer, she put the food in nice position and realised, that the colours



look way better in the sun. As it was almost noon, there was almost no shade at the wall, so we could take good pictures. As I was almost melted, our child-hand-model Irina came and we took the pictures with her. Of course we also ate some of the food during the shooting. In the afternoon I started with some editing work.



I was quite surprised how easy it works, even though many more hours are needed to complete the tool.

I am very grateful that I could now get to know all of the team and that the first external teaching went very well in spite of a very short time budget. I am looking forward to the next days and I am glad that I can see Mitia again on the weekend. She has planned our honeymoon perfectly 2.5 years ago. Now it's time for a reunion. 😊



It didn't need translation, as everyone understands English 😊. The basics in this setting were deeper than the day before (especially with the chocolate-tasting-experiment) and had many more details about the digestion.

*'Trust in the Lord with all your heart
and lean not on your own understanding;
in all your ways submit to him,
and he will make your paths straight.'*

Proverbs 3:5-6